

# WHAT'S YOUR NUMBER?

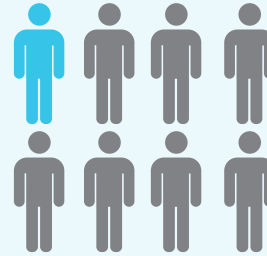
## Prostate Cancer Info Sheet



September is  
Prostate Cancer  
Awareness Month

### Men 45+ should understand their PSA Number!

- Most men without prostate cancer have PSA levels under 4.
- Men with a PSA level between 4 and 10 (often called the "borderline range") have about a 1 in 4 chance of having prostate cancer.
- Elevated levels could signal prostate cancer or a different prostate-related condition – enlarged prostate (benign prostatic hyperplasia or BPH), inflammation of the prostate (prostatitis), a urinary tract infection or even natural aging process.



**1** *in* **8**

men will be diagnosed with prostate cancer in their lifetime.



**EVERY 2 MINUTES**

a new case of prostate cancer occurs.



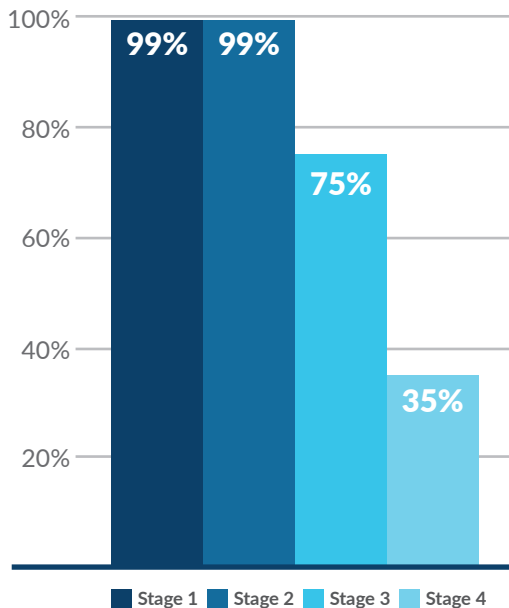
### FAMILY HISTORY

Having a father or brother with *prostate cancer* more than doubles the risk of developing this disease.



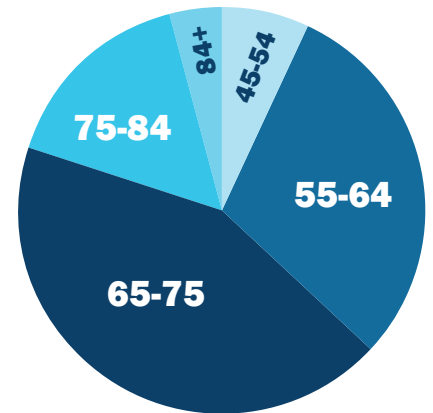
**313,780 NEW CASES**

of prostate cancer are estimated to be diagnosed this year in the US.



### 5-YEAR SURVIVAL RATES BY STAGES

According to American Cancer Society, the five-year survival rate for both localized cancer (that has not spread beyond the prostate) and regional cancer (that has not spread beyond nearby structures and lymph nodes) is nearly 100%.



Percent of new cases  
**BY AGE GROUP**

45-54	7%
55-64	30%
65-74	43%
75-84	16%
84+	4%